



Purpose	Principles	Expectations
<ul style="list-style-type: none"> • To become well-rounded individuals • To understand, express and manage own emotions • To understand and have empathy for other people's emotions • To understand changes to the body as you grow older • To understand what makes a relationship healthy • To understand how to live a physically and mentally healthy life • To learn some strategies to build resilience • To celebrate achievements • To recognise and respect people's differences • To understand what makes us unique 	<ul style="list-style-type: none"> • To participate in respectful discussions • To reflect on own experiences to develop learning • To make comparisons • To give justified reasons for opinions • To listen to and respect other people's opinions • To widen your view on the world • To work collaboratively 	<ul style="list-style-type: none"> • Progression of skills and vocabulary • Building on other people's opinions and comments • Use of topical vocabulary • Understanding of different cultures • Applying knowledge • To be emotionally aware and resilient • To understand and deal with their own emotions, both positive and negative • To show empathy • To work as part of a team • To evaluate and make improvements