



Stradbroke Primary School PE Long Term Plan



In mixed year classes teachers will ensure all children access a wide range of skills and games that are challenging and achievable for all in the class.

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YEAR A EYFS & Year 1	Introduction to PE	Fundamentals	Ball Skills	Fundamentals	Dance	Games
(Mars)	Gymnastics	Dance	Gymnastics	Swimming	Games	Ball Skills
YEAR B EYFS & Year 1	Introduction to PE	Fundamentals	Balls Skills	Fundamentals	Swimming	Games
(Mars)	Gymnastics	Dance	Gymnastics	Dance	Games	Ball Skills
YEAR A Year 1 & 2	Ball Skills	Fitness	Invasion	Swimming	Athletics	Net and Wall
(Venus)	Team Building	Dance	Gymnastics	Sending and Receiving	Fielding and Striking	Target Games
YEAR B Year 1 & 2	Fundamentals	Fitness	Invasion	Gymnastics	Target Games	Athletics
(Venus)	Dance	Ball Skills	Swimming	Sending and Receiving	Net and Wall	Fielding and Striking
YEAR A Year 3 & 4	Hockey	Netball	Swimming	Football	Athletics	Tennis
(Neptune)	Badminton	Fitness	Gymnastics	Dance	Rounders	Handball
YEAR B Year 3 & 4	Dodgeball	<u>Basketball</u>	Swimming	Rugby	Tennis	Athletics
(Neptune)	Hockey	Fitness	Gymnastics	Dance	Cricket	Yoga & Tchoukball
YEAR A Year 4 & 5	Hockey	Swimming	Netball	Football	Athletics	Tennis
(Saturn)	Badminton	Fitness Fitness	Gymnastics	Dance	Rounders	Handball
YEAR B Year 4 & 5	Dodgeball	Swimming	<u>Basketball</u>	Rugby	Tennis	Athletics
(Saturn)	Hockey	<u>Fitness</u>	Gymnastics	Dance	Cricket	Yoga & Tchoukball
YEAR A Year 6	Hockey	Netball Netball	Badminton	Football	Athletics	Tennis
(Jupiter)	Swimming	Fitness	Gymnastics	Dance	Rounders	Handball
YEAR B Year 6	Fitness	<u>Basketball</u>	Dodgeball Property of the Prop	Rugby	Swimming	Athletics
(Jupiter)	Hockey	Dance	Gymnastics	Tennis	Cricket	Swimming