



Stradbroke Primary School PE Long Term Plan 2022/23



In mixed year classes teachers will ensure all children access a wide range of skills and games that are challenging and achievable for all in the class.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Mars (EYFS and Year 1)	Introduction to PE Gymnastics	Fundamentals Dance	Ball Skills Gymnastics	Fundamentals Dance	Swimming Games	Games Ball Skills
Venus (Year 1 and Year 2)	Ball Skills Team Building & Fundamentals	Fitness Dance	Invasion Gymnastics	Swimming Sending and Receiving	Athletics Fielding and Striking	Net and Wall Target Games
Neptune (Year 3 and Year 4)	Netball Dodgeball & Handball	Hockey Fitness	Swimming Gymnastics	Football Dance	Athletics & Fundamentals Rounders & Ball Skills	Tennis Golf & Yoga
Saturn (Year 4 and Year 5)	Basketball Badminton	Swimming Fitness	Hockey Dance	Rugby Gymnastics	Athletics & Fundamentals Cricket & Ball Skills	Tennis Tchoukball & Volleyball
Jupiter (Year 6)	Football Swimming	Hockey Fitness	Dodgeball & Handball Dance	Netball Gymnastics	Athletics Rounders	Tennis Golf & Yoga

All highlighted topics to be taught by PE Shed coach (Mr Hepburn)